

Analysis of carotenoids in some Hungarian maize landraces

H.G. DAOOD, M. NAGY-GASZTONYI, G. VÖRÖSVÁRY, L. HOLLY, L. HORVÁTH and M. NYERGES

Abstract

This work was conducted to estimate genetic variation among the different types of corn on the basis of carotenoid content. Fourteen accessions of three types of maize (convar. *mays*, convar. *dentifformis*, convar. *microsperma*) landraces from the germplasm collection at the Institute for Agrobotany were chosen that varied in endosperm color (yellow to orange). High performance liquid chromatography (HPLC) was used to assay carotenoids (polyoxycarotenoids, lutein, zeaxanthin, β -zeacarotene, zeinoxanthin, cryptoxanthin) and total colour content. This study provides evidence for carotenoids differences among the maize landraces.

Introduction

Carotenoids (provitamin A) are lipid soluble antioxidants associated with decreased risk of several human diseases. Carotenoids occur naturally in corn (*Zea mays* L.) grain. Corn grain is a major component in diets of humans and animals, and improves nutritive value of meals with increased levels of vital carotenoids such as lutein, zeaxanthin (JOHNSON et al., 2000). Corn (maize)

consumed on the cob or cut from the cob after cooking is usually considered a vegetable, but when dried, ground, whole, or refined, in cooked or baked foods, it is usually categorized as a cereal grain. There are red, yellow, white, red and mixed varieties. Yellow corn is important for its carotenoid vitamin A precursor value, considerable work has been done to breed yellow corn with high carotenoid content (BLESSIN et al., 1963). Two general classes of carotenoid pigments, carotenes and xanthophylls (or oxycarotenoids), are primarily responsible for the yellow color of maize. Although the content of xanthophylls is considerable higher (10 times) than that of carotene in kernels and leaves, the concentration of both classes of pigments varies appreciably with the genotype. Carotenoid and carotene content are influenced by genetical and environmental factors. Special corn varieties with high carotenoid content can be bred (BRUNSON, 1962).

Materials and methods

In this work 14 accessions of three types of maize (dent corn, flint corn and popcorn) landraces were analysed. These

maize germplasms were collected from different sites of Hungary. The maize types, locations and geographical positions from where the maize landraces were collected were given in the *Table 1*.

Carotenoid content and composition was determined using high performance liquid chromatography (HPLC) method BIACS and DAOOD (1994). The extraction procedure started with moistening two grams of ground sample with 2 ml water followed by disintegration in a crucible mortar in presence of quartz sand. Then 20 ml methanol was added to bind the water. The carotenoids were then transferred to less polar solvent by shaking the mixture with 60 ml of 1:6 methanol-dichloroethan for 15 min. The two different phases were separated by adding few drops of water and the lower solvent layer was dried on anhydrous Na_2SO_4 . The solvent was then evaporated and the residues were redissolved in 2 ml HPLC eluent. This sample was injected into the HPLC column after final filtration through a 0.45 μm PTFE syringe filter.

The Beckman System Gold (Fullerton, CA) high performance liquid chromatograph consisting of a model 114 solvent

Table 1: Data for *Zea mays* accessions collected in Hungary

Accession number	Genus	Species	Subtaxa	Site of collection	Origin	Latitude	Longitude	Altitude a.s.l. (m)
RCAT014697	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Böcs	HUN	48° 02'	20° 58'	116
RCAT073209	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Zalaszentgyörgy	HUN	46° 52'	16° 43'	226
RCAT014580	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Martonvásár	HUN	47° 19'	18° 46'	121
RCAT073089	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Zalaszentgyörgy	HUN	46° 52'	16° 43'	226
RCAT014077	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Rózsafa	HUN	46° 01'	17° 52'	106
RCAT014411	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Szőreg	HUN	46° 15'	20° 10'	75
RCAT014124	<i>Zea</i>	<i>mays</i> L.	convar.dentifformis	Kondoros	HUN	46° 46'	20° 48'	91
RCAT014180	<i>Zea</i>	<i>mays</i> L.	convar.mays	Győrzámoly	HUN	47° 43'	17° 34'	111
RCAT014416	<i>Zea</i>	<i>mays</i> L.	convar.mays	Letenye	HUN	46° 25'	16° 43'	141
RCAT014129	<i>Zea</i>	<i>mays</i> L.	convar.mays	Ásványráró	HUN	47° 49'	17° 30'	114
RCAT073067	<i>Zea</i>	<i>mays</i> L.	convar.microsperma	Zalaszentgyörgy	HUN	46° 52'	16° 43'	226
RCAT056699	<i>Zea</i>	<i>mays</i> L.	convar.microsperma	Tápiószecső	HUN	47° 27'	19° 36'	131
RCAT056698	<i>Zea</i>	<i>mays</i> L.	convar.microsperma	Tápiószecső A	HUN	47° 27'	19° 36'	131
RCAT056700	<i>Zea</i>	<i>mays</i> L.	convar.microsperma	Igal	HUN	46° 31'	17° 56'	178

Autoren: H.G. DAOOD and M. NAGY-GASZTONYI, Central Food Research Institute, BUDAPEST; G. VÖRÖSVÁRY, L. HOLLY, L. HORVÁTH and M. NYERGES, Institute for Agrobotany, TÁPIÓSZELE, Hungary



Table 2: Carotenoid content and composition of different accessions of corn

Site of collection	Carotenoids (µg/g)						Total colour content
	Polyoxy-carotenoids	Lutein & Zeaxanthin	β-zeacarotene	Zeinoxanthin	Cryptoxanthin	Other carotenoids	
Böcs	2,72	6,43	0,51	0,54	0,56	0,27	11,51
Zalaszentgyörgy	2,54	7,53	0,54	0,63	0,73	0,21	11,49
Martonvásár	2,81	11,30	0,67	0,87	1,50	0,59	18,10
Zalaszentgyörgy	2,45	9,95	0,81	0,82	1,79	0,47	16,70
Rózsafa	10,17	5,51	0,36	0,06	1,64	3,66	24,94
Szőreg	4,40	4,17	0,56	0,06	1,15	0,98	12,46
Kondoros	2,85	2,13	0,17	0,05	0,73	0,79	7,54
Győrzámoly	3,37	2,85	0,52	0,09	0,72	1,07	9,44
Letenye	3,46	6,35	0,61	0,13	1,24	1,67	14,71
Ásványráró	3,41	4,33	0,60	0,08	0,89	1,08	11,18
Zalaszentgyörgy	2,27	10,05	0,31	0,92	2,05	0,12	16,04
Tápiószecső	1,16	4,94	0,12	0,44	0,71	0,83	8,74
Tápiószecső A	1,19	5,21	0,16	0,57	1,04	1,01	9,68
Igal	0,95	4,59	0,11	0,33	0,42	1,04	8,05

delivery pump and a model 166 variable wavelength ultraviolet-visible detector. Separation was carried out on a column (25 cm x 4,6 mm i.d.) packed with a Chromsil C-18 (5µm) using acetonitrile-methanol-isopropanol (200-210-100) as the mobile phase at a flow rate of 0.9 ml/min. The separated carotenoids were monitored at 450 nm. Peak identification and quantification were based on comparison of retention time and spectral characteristics of sample carotenoids with those of standard (lutein and β-carotene) and prepared authentic materials.

Results and discussion

In this study we compared different maize accessions for their carotenoids content and composition. Of the detected carotenoid components, lutein, zeaxanthin, zeinoxanthin cryptoxanthin, β-ze-

acarotene could be identified. Lutein and zeaxanthin were the dominant carotenoids followed by the unidentified polyoxygenated compounds. As shown in Table 2 the highest level of total carotenoids and colour content was recorded for the accession collected in Rózsafa location (RCAT014077). However, the content of the biologically active lutein, zeaxanthin and cryptoxanthin was not the highest in this accession. Accessions collected in Martonvásár (RCAT 014580) and Zalaszentgyörgy (RCAT 073067) had the highest concentration of lutein and zeaxanthin among the tested samples. In addition, these accessions contained the highest level of cryptoxanthin (precursor of vitamin A). Therefore, such accessions are of special interest from nutritional and biological points of view.

The data obtained from this work are useful to select the convenient types or

accessions for further breeding and other applications in the field of human and animal nutrition.

References

- BIACS, P. and H. G. DAOOD, 1994: High-performance liquid chromatography with photodiodearray detection of carotenoids and carotenoid esters in fruits and vegetables *J. Plant Physiol.* **143**: (4-5) 520-525.
- BLESSIN, C.W., J.D. BRECHNER and R.J. DIMLER, 1963: Carotenoids of corn and sorghum V. Distribution of xanthophylls and carotenes in hand-dissected and dry-milled fractions of Yellow Dent Corn. *Cereal Chem.* **40**: 582-586.
- BRUNSON, A.M. and F.W. QUACKENBUSH, 1962: Breeding corn with high provitamin A in the grain. *Crop Sci.* **2**: 344-347.
- JOHNSON, E.J., B.R. HAMMOND, K.J. YEUM, J. QIN, X. WANG, C. CASTANEDA, D.M. SNODDERLY and R.M. RUSSELL, 2000: Relation among serum and tissue concentrations of lutein and zeaxanthin and macular pigment density. *Am. J. Clinical. Nutrition*, **71**: 1555 - 1562.